

About



Ermioni (Noni) Katartzi is an Assistant Professor in Motor Development and Motor Coordination Difficulties, in the Department of Physical Education and Sport Science at Serres, Faculty of Physical Education and Sport Sciences, Aristotle University of Thessaloniki, Greece. She holds a BSc in Physical Education and Sport Science from the Aristotle University of Thessaloniki, a MSc in Sport Science from the Faculty of Physical Education and Sport Science at Komotini, Democritus University of Thrace, Greece, a M.A. in Education from the Greek Open University, Patras, Greece, and a PhD in Human Performance and Health, Faculty of Physical Education and Sport Sciences, Aristotle University of Thessaloniki, Greece. She has been an Internship Scientific/Academic Manager at the Department of Physical Education and Sport Science at Serres, since 2015-2016. Her research interests focus on issues regarding the assessment of motor abilities, skills and motor coordination difficulties in children and especially adolescents, the assessment of psychological characteristics and physical activity in adolescents who face motor coordination difficulties and the implementation of intervention programs aiming in promoting participation in physical activity for children/adolescents with motor coordination difficulties. Her research has been published in journals such as *Journal of Physical Education and Sport Science*, *Learning and Instruction*, *Body Image*, *Measurement in Physical Education and Exercise Science*, *Psychology of Sport and Exercise*, *Research in Developmental Disabilities*, *Journal of Teaching in Physical Education*, *Journal of Human Movement Studies*, *Biology of Sport*, *Perceptual and Motor Skills*.

Contact details

Dr. Ermioni (Noni) Katartzi, PhD, MSc., MA (Ed),
Assistant Professor Motor Development & Motor Coordination Difficulties
Internship Scientific/Academic Manager
Department of Physical Education and Sport Science at Serres
Faculty of Physical Education and Sport Sciences
Aristotle University of Thessaloniki Greece
Office Tel: +30 2310 991032, mobile: ++306946793443
E-mail: noni@phed-sr.auth.gr
Skype: noni_katartzi
Postal address:
TEFAA Serres
Aghios Ioannis, 62110, Serres
Greece

Membership in professional organizations

- Hellenic Society of Sport Psychology
- Psychological Society of Northern Greece
- Hellenic Academy of Physical Education
- Hellenic Association for the Advancement of Women in Sport. (P.E.P.G.A.S)

Journal Reviewer

- Annal of Pediatrics and Child Health
- Educational Research and Reviews
- European Psychomotricity Journal
- Hellenic Journal of Research in Education
- Research in Developmental Disabilities
- Physical Education & Sport
- Sport and Woman [Official journal of the Hellenic Association for the Advancement of Women in Sport. (P.E.P.G.A.S)]
- Inquiries in Sport & Physical Education [Official journal of the Hellenic Academy of Physical Education]

Published articles in peer-reviewed journals

1. Monastiridi, S. G., **Katartzi, E.S.**, Kontou, M.G., Kourtessis, Th. & Vlachopoulos, S. (2020). Positive Relations of Physical Fitness and Exercise Intervention Programs with Motor Competence and Health Related Quality of Life in Developmental Coordination Disorder: A Systematic Review. *European Journal of Physical Education and Sport Science*, 6 (2), 1-26.
2. Bartholomew, K.J, Ntoumanis, N., Mouratidis, A., **Katartzi, E.**, Thøgersen-Ntoumani, C, Vlachopoulos, S. (2018).Beware of your teaching style: A school-year long investigation of controlling teaching and student motivational experiences (2018). *Learning and Instruction*, 53, 50-63.
3. Thogersen-Ntoumani, C., Yin Ng, J.Y., Ntoumanis, N., Chatzisarantis, N., Vlachopoulos, S., **Katartzi, E. S.**, & Nikitaras, N. (2016). “Mum’s the word”: Predictors and outcomes of weight concerns in pre-adolescent and early adolescent girls. *Body Image*, 16, 107-112.
4. Lakmeta- Gkanetsiou, R., Monastiridi, S., & **Katartzi, E.** (2014). Assessment of manual dexterity coordination difficulties in primary school-aged children: Gender differences. *Woman and Sport*, 9, 57-64.
5. Vlachopoulos, S.P. & **Katartzi, E.S.** (2013). Fitting Multidimensional A motivation into the Self-Determination Theory Nomological Network: Application in School Physical Education *Measurement in Physical Education and Exercise Science* , 17: 40–61.

6. **Katartzi, E.S** & Vlachopoulos, S.P. (2011). Motivating children with developmental coordination disorder in school physical education: The self-determination theory approach . *Research in Developmental Disabilities*, 32(6), 2674-2682.
7. Vlachopoulos, S.P., **Katartzi, E.S.**, & Kontou,M.G.(2011). The basic psychological needs in physical education scale. *Journal of Teaching in Physical Education*, 30(3), 263-280.
8. Vlachopoulos, S.P., **Katartzi, E.S.**, Kontou, M.G.,Moustaka, F.C., & Goudas, M. (2011). The revised perceived locus of causality in physical education scale: Psychometric evaluation among youth. *Psychology of Sport and Exercise*, 12(6), 583- 592.
9. Giagazoglou,P., Kabitsis, N., Kokaridas, D., Zaragas, C., **Katartzi, E.**, Kabitsis, C. (2011). The movement assessment battery in greek preschoolers: The impact of age, gender, birth order, and physical activity on motor outcome. *Research in Developmental Disabilities*, 32 (6), 2577-2582.
10. **Katartzi E.**, I. Theodorakis, G. Tzetzis, & S. Vlachopoulos (2007). Effects of goal setting and self-efficacy on wheelchair basketball performance. *Japanese Journal of Adapted Sport Science*, 5(1), 50-62.
11. Gantiraga E., **E. Katartzi**, G. Komsis, & Ch. Papadopoulos (2006). Strength and vertical jumping performance characteristics in school-aged boys and girls. *Biology of Sport*, 23(4), 367-378.
12. **Katartzi E.**, E. Gantiraga, F. Arabatzi & Ch. Papadopoulos (2006). Evaluation of Biomechanical Characteristics of Bilateral Landing in Children with Different Levels of Coordination *Inquires in Sport & Physical Education*, 4(3), 351-362 (ISSN 1790- 3041), (www.hape.gr/emag.asp).
13. **Katartzi E.**, E. Gantiraga, G. Komsis, & Ch. Papadopoulos (2005). The relationship between specific fitness components and overall performance in school-aged children. *Journal of Human Movement Studies*, 48:227-243.
14. **Katartzi E.**, Kontou M.G., Kourtessis Th., Tzetzis, G. (2005). Sport participation profile of Greek female athletes with motor impairments. *Japanese Journal of Adapted Sport Science*, 3(1), 12-21.
15. Kazakas, P., E. Gantiraga, C. Papadopoulos, **E. Katartzi**, N. Koufotolis (2005). Effect of different information models on biomechanical characteristics of a multi- angular skill in badminton. *Journal of Human Movement Studies*, 48, 041-055.
16. Manolopoulos E., Ch. Papadopoulos, K. Salonikidis, **E. Katartzi** and S. Poluha (2004). Strength training effects on physical conditioning and instep kick

kinematics in young amateur soccer players during the preseason.
Perceptual and Motor Skills, 99, 701-710.

17. Kontou, M.G., G., Tzetzis, G. & **Katartzi, E.** (1999). Exercise and physical activity of women who participated in "Sport for all" programs. *Sport Performance & Health*, 1(4), 370-382.

She has been an author and co-author for over 75 oral and poster presentations in national and international congresses. She has been an inviting speaker in seminars and congresses.

Research interests and postgraduate supervision

- Assessment of motor abilities, skills and identification of motor coordination difficulties in children/adolescents
- Assessment of psychological characteristics in children/adolescents with motor coordination difficulties
- Physical activity assessment in children/adolescents with motor coordination difficulties
- Intervention programs aiming to increase motor performance and promote participation in physical activity in children/adolescents with motor coordination difficulties.

She has been a supervisor in 21 master's theses. She is currently the supervisor in 3 doctoral dissertations

Teaching

Dr Katartzi's teaching is in both undergraduate and postgraduate courses related to:

- Motor learning
- Indoor exercise programs
- Yoga/Pilates
- Multiple physical activity programs in individuals with intellectual disabilities or individuals with specific learning difficulties (postgraduate/ three lectures)
- Research Methods (postgraduate / two lectures)

She used to be a module coordinator in the postgraduate course, "Motor Coordination Difficulties" for two academic years.

Honorary distinctions

1st place, best poster presentation "Social inclusion of individuals with motor impairments through their participation in wheelchair sports" International Congress on Physical Education & Sport, 1999, Komotini, Greece.