

Short Curriculum Vitae

Ioannis S. Vrabas, Ph.D.

Professor, Exercise Physiology

Director, Laboratory of Exercise Physiology and Biochemistry

Director, Graduate Program

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Education

B.Sc. Department of Physical Education and Sports Science, Aristotle University of Thessaloniki, Greece (1988).

M.Sc.Ed. in Exercise Physiology, Dept. of Health and Physical Education, Queens College of the City University of New York, USA (1990).

Special Training in Animal Research, Department of Kinesiology and School of Veterinary Medicine, Louisiana State University, USA (1991).

Ph.D. in Exercise Physiology, Department of Exercise and Sport Sciences, University of Florida, USA (1995).

Postdoctoral studies, Department of Physical Education and Sport Sciences, Aristotle University of Thessaloniki, Greece and University of Copenhagen, August Krogh Institute, Denmark (1998).

Description of his work

Following the completion of his doctoral studies, Dr. Vrabas completed his postdoctoral training under a joint program between the Department of Physical Education and Sport Sciences of Aristotle University and the August Krogh Institute of University of Copenhagen (1997-1999). He was then appointed as an Adjunct Lecturer of Exercise Physiology at the Department of Physical Education and Sport Sciences, Aristotle University of Thessaloniki, Greece (1997-2001). In 2001-2004, Dr. Vrabas was appointed as a Lecturer of Exercise Physiology joining the faculty of the Department of Physical Education and Sports Science at Serres, Aristotle University of Thessaloniki, Greece. Dr. Vrabas was advanced to Associate Professor (2004-2010) and he is currently Professor of Exercise Physiology in the same department.

Professor Vrabas has long term research experience in using both human subjects and animal models. He has published 54 papers related to exercise physiology & biochemistry in peer-reviewed international journals and he has presented his work in over 140 international and

Greek congresses. His work has been internationally recognized (h index = 11) and cited by 445 other authors. Professor Vrabas serves as a reviewer in a number of journals in the field of Exercise Science. As an invited speaker he has given many presentations related to his area of expertise in congresses and symposia. He has served as a mentor in postdoctoral studies as well as a member of the supervising committee in many bachelor's, master theses and doctoral dissertations. He has also served as a member of the organizing or scientific committees in a number of international meetings and congresses related to the scientific area of his interest.

Professor Vrabas has also provided service to academia from a number of high-rank administrative positions including being Vice-Chair of the Recreation and Fitness Center of the Aristotle University (2013-today), Vice-Chair of the Department of Physical Education and Sports Science at Serres (2013-today), Chair of the Department of Physical Education and Sports Science at Serres (2007-2011), Member of the Commission of Deans of the Aristotle University (2007-2011), Senate member of the Aristotle University (2007-2011), Board Member of the Greek Council for the Recognition of Professional Qualifications of the Ministry of Education (2012-today), Academic Advisor of the Cyprus Council for the Recognition of Higher Education Qualifications (KY.S.A.T.S.) (2012-today), Board Member of the Research and Dissemination Committee of the Aristotle University (2011-today), Board of Directors of the Hellenic National Academic Recognition Information Center (NARIC) with responsibility in the discipline of Physical Education (2010-today), Member of the Commission of internal regulation of the Aristotle University (2007-2009), Director of Laboratory of Exercise Physiology and Biochemistry (2006-today) as well as Director of the Masters' and Doctoral program at the Department of Physical Education and Sports Science at Serres (2008-today).

Research Interests

Skeletal muscle biology, Exercise testing, Cardiorespiratory and muscle adaptations to exercise, Exercise-induced arterial hypoxemia, Oxidative stress, Antioxidants and exercise.

QUANTITATIVE ANALYSIS OF PROFESSOR VRABAS'S ACADEMIC WORK

Source: Scopus & Journal Citation Reports (Science/Social Sciences Edition)-Impact factor, October 2013

MANUSCRIPTS IN INTERNATIONAL PEER REVIEWED JOURNALS	54
Sum of impact factors	126
Average of impact factors for the manuscripts published in journals with impact factor	2.93
Citation index	445
<i>h</i> index	11
ABSTRACT PUBLICATIONS IN INTERNATIONAL PEER REVIEWED JOURNALS	29
MANUSCRIPT PUBLICATIONS IN GREEK PEER REVIEWED JOURNALS	5
PRESENTATIONS IN INTERNATIONAL CONFERENCES ABROAD	57
PRESENTATIONS IN CONFERENCES IN GREECE (International and Greek)	52
INVITED SPEAKER/LECTURES	18
CHAIR IN CONFERENCE ROUNDTABLES AND PANELS	8
CONFERENCE ORGANIZING/SCIENTIFIC COMMITTEE	13
MENTORING POSTDOCTORAL STUDIES	4
SUPERVISING/EXAMINING COMMITTEE IN DOCTORAL DISSERTATIONS [main supervisor], [3member committee], [7member committee]	[8], [11], [7]
SUPERVISING/EXAMINING COMMITTEE IN MASTER THESES [main supervisor], [3member committee]	[13], [15]